



Autism Tips & Tricks

For General Education Teachers

Surviving the End of the Year



- Expect meltdowns— It's OK
- Pre-teach expectations for schedule changes.
- Understand what is individually appropriate - everyone does not need to do everything
- Consider alternate transportation.
- Prepare a “kit” which may include fidgets, headphones, music, schedule of the day, preferred activities, books, magazines, bubbles, etc.
- Remember dietary needs or restrictions.
- Accessibility
- For schedule changes, use a buddy system.
- Invite parents to be a part of activities outside the school environment.
- Be aware of tendencies to wander and level of street safety.
- Plan for emergencies situations—have an emergency plan.

Other Quick Tips

Sensory

Outdoor activities offer different sensory experiences.



Behavior

Increase of behaviors may be related to end of the year anxiety and schedule changes.



Communication

Use a social narrative to prepare students for summer schedule.

