

Autism Spectrum Disorders

Goodhue County
Education District

March 2015

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Grant Writing Day

ple Impairment (SMI).

Grant Writing is an opportunity for the Regional Community of Practice (CoP) members to develop a course of action to build capacity, identify gaps in professional development, set up regional professional development, and bring in presenters that align to state, regional, and district initiatives.

Statewide initiatives include the following:

- *Universal Design for Learning
- *Standard Based Individual Education Plans
- *Multi-Tiered Systems of Support
- *Initial implementation of statewide online plc modules
- *Emphasis in math
- *School Wide Positive Behavior and Supports
- *Low Vision Clinics
- *Access MN Standards
- *Decrease the Academic Gap for students with disabilities and their general education peers

Groups represented on this day include the following ~ Autism Spectrum Disorders (ASD), Deaf and Hard of Hearing (DHH), Deaf-Blindness (DB), Developmental Cognitive Disabilities Mild-Moderate & Severe Profound (DCD MM/SP), Other Health Disabilities (OHD), Physically Impaired (PI), Traumatic Brain Injury (TBI), Vision Impairment (VI), and Severe Multi-

Each group made a plan for the 2015-2016 school year which will align with the regional initiatives. Those Initiatives include:

- *Improve the equity and quality of services to learners with low incidence disabilities throughout our region.
- *Increase local capacity to serve learners with disabilities by ensuring we have licensed or highly qualified service providers.
- *Assure access to services regardless of geographic area.
- *Provide support and training for teachers in low incidence and related areas.
- *Provide networking opportunities for itinerant teachers.
- *Provide product development on best practices for local staff and parents including brochures, teacher guides, paraprofessional training, low-tech kits, and early intervention kits
- *Collaborate in coordination with the MN Dept. of Education on the State Performance Plan on their initiatives.

Stay tuned next month for specifics on the ASD course of action for 2015-2016.

SOUTHEASTERN MN POST SECONDARY & TRANSITION FAIR

The Goodhue County Education District-CTIC (Community Transition Inter-agency Committee) is once again sponsoring a **Post-Secondary & Transition Fair on Tuesday March 24th, 2015 at Zumbrota-Mazeppa High School, Zumbrota, MN.**

All 9-12th grade students and students in Transition Programs are welcome to attend this event. We are

very excited to, once again, host this event and provide students from Southeastern MN the opportunity to meet with Post-Secondary representatives and transition specialists, and assist them with their college/post-secondary planning.

Please "**Save the Date-March 24, 2015,**" and plan on attending.

<https://www.surveymonkey.com/s/S5GWHD2>

9:30-10:15—Welcome and Speaker—Ms. Cammy Nelson

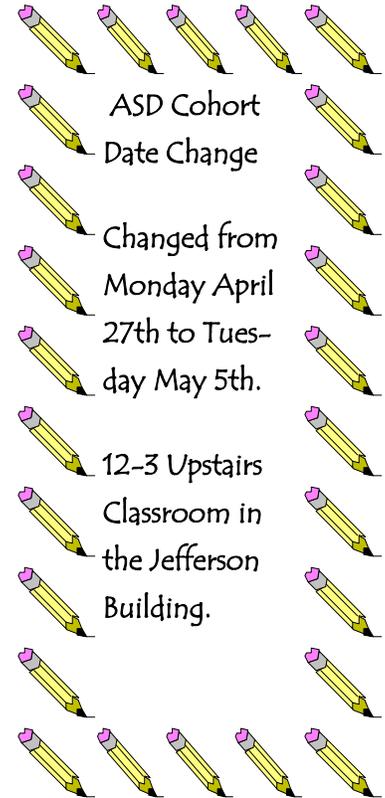
0:15-10:40—1st Session

10:45-11:10—2nd Session

11:15-12:00—Lunch and Door Prizes

12:05- 12:30— 3rd Session

12:35—1:00 - Evaluation and more Door Prizes



ASD Cohort
Date Change

Changed from
Monday April
27th to Tues-
day May 5th.

12-3 Upstairs
Classroom in
the Jefferson
Building.

Pre-Orientation Program for college bound students

Prepare for Any College Orientation

Our Pre-Orientation Program (POP) is designed for students who have ASD, or learning differences like ADD, ADHD, or anxiety, who will be college freshmen or transfer students. This program is also open to high school juniors or seniors with plans to attend a traditional college or university. POP will give these students an opportunity to be prepared to fully participate in college orientation programs, having had the opportunity to become familiar with the type of information given at their college of choice.

Summer 2015 Session

July 11-16, 2015 at St. Thomas University in St. Paul, MN.

Cost

Thanks to a generous grant from Autism Speaks, this summer only we will be able to offer this valuable program at \$750, half off the original cost of \$1,500.

\$750 is an all-inclusive fee for room and board, three meals per day, and course sessions for the one-week session. A \$100 non-refundable deposit is required with the registration form, due by June 12, 2015.





Free
Brain
Breaks
for
Your

Classroom!!!

“Channel kid energy and stimulate learning.

Without leaving the classroom, students participate in a variety of purposeful movement designed to get the wiggles out and refocus the classroom — all in five minutes or less.”

“Airtime Space” Propel your bubble across the galaxy by practicing 8 deep abdominal

breathing in this sequel to everyone’s favorite deep breathing brain break. Earn postcards from around the solar system and beyond as you practice a short deep breathing exercise, landing each time in a new location .

Take a trip to the gym with the **GoNoodle Champs** and your own personal trainer, Coach Terry! Exercise your body and brain as only Champs can. In this game, you’ll explore health-related trivia and participate in fun exercises that let students flex their muscles, listening skills, AND creativity. You can even add [your own cus-](#)

[tom questions](#) to play with.

Here is a list of some the most popular ways teachers use GoNoodle, and the best brain breaks for each time! Some of these may be a part of the GoNoodlePlus which has a cost involved.

[5 Brain Breaks Perfect for ELA Practice](#)

[5 Brain Breaks Perfect for the Afternoon Slump](#)

This information is taken from the GoNoodle Website.

[5 Brain Breaks Perfect for Subject Transitions](#)

[5 Brain Breaks Perfect for Getting the Wiggles Out](#)

[5 Brain Breaks Perfect for Math Practice](#)

[5 Brain Breaks Perfect for Morning Meeting](#)

[5 Brain Breaks Perfect Before a Test](#)

[5 Brain Breaks Perfect for Energetic Classrooms](#)



Organization For Autism Research (www.researchautism.org)

The “Resources” tab on this website has free downloads of information regarding peer acceptance (Autism in theSchoolhouse—Kit for Kids) teacher training (Understanding Autism, Professional Development Curriculum) and parent resources (Life Journey Through Autism).



Upcoming Events

April 26-28, 2015 - Charting the C’s Alexandria

April 29-May 2, 2015 - 20th Annual Autism Society of MN Conference